

ST FRANCIS XAVIER'S SCHOOL

*"Lake Alive with Dreamtime Knowledge, Waves of Learning,
Sailing into the Future"*

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"You are the light of the world, let Jesus shine through you to others"

Our mission is

"You are the light of the world, let Jesus shine through you to others"



'is 'to work in an environment of mutual respect for cultures and backgrounds and celebrating the Gospel principles in order to achieve quality education for all.'

PROJECT COMPASSION Sixth Week of Lent

When Psyche Mae featured in Project Compassion during 2008, she was living in a squatter settlement, on the edge of a giant rubbish dump outside Manila in the Philippines. Her family was forced to pick through the rubbish to sell what they could to survive. Thanks to the support of individuals and Caritas Australia, in 2018 Psyche Mae is now a young social worker, achieving her dream of helping others struggling to leave poverty behind them, with plans to study a Master's degree.

"It was always my dream to have a healthy environment where dwellers have positive relationships, families are strengthened and have access to permanent employment, livelihood and other social services. And women and children and vulnerable sectors are protected." - Psyche Mae

Please donate to Project Compassion 2018 and help improve the health and wellbeing of communities in the Philippines so they can work towards eradicating poverty and providing a just future for all.

SFX COMMUNITY COUNCIL – AGM – Annual General Meeting will take place at the next meeting on Wednesday 21st March at 6pm. Items on the agenda include: -

- Canteen,
- Soft Fall,
- Sports Uniform,
- Working Bees (one needed very soon),
- Fundraising for the Year
- 2018 school plans.

If you would like to add any items to the agenda or become a committee member please let Sue, Jacinta or Rebecca Keeley (Secretary) know. Thank you and looking forward to working with you all.



Dear Lord,

I pray for all those that are needing hope, strength, and encouragement. Please minister to them now. I pray that you would work in their hearts. Dry their tears. Take away their fears. Be their healer, comforter and provider.

You know who is struggling and you know each one by name. Please have compassion and mercy and may they feel your presence like never before.

In the name of Jesus we pray.
Amen.



Call for Participants – Working Groups

For the remainder of the year, staff will be working on two priorities set by the CE. We are required to form a working group for each. As part of the Cultural and Identity priority, we will be developing a Reconciliation Action Plan for the school. As part of the Lighting the Path priority we will be embedding a new Religious Education syllabus, over three years. The initial phase for both is to review current practice. This will be done in a variety of ways – surveys, conversations, routines, teaching and learning activities. For the review to be genuine and accurate, we are seeking family representatives to join the working groups. If you are interested in working with staff on either priority please contact Rachael Morris.

We acknowledge that St Francis Xavier School is built upon the traditional lands of the Wiradjuri nation and walked upon by the Ngiyampaa and Barkindji peoples. We pay our respects to Elders, past and present and ask for their guidance as we work towards improving outcomes for future generations.

The following are dates on our school calendar which involve our families.

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|----------------------|---|
| Friday 16th March | National Day of Action "Bullying No Way" |
| Tuesday 20th March | Life Education Van School Counsellor Mrs Emma McRae Visiting |
| Wednesday 21st March | Year 1/2 Assembly Harmony Day School Community Council Meeting & AGM—Staffroom—6pm |
| Thursday 22nd March | Circus Challenge — Permission Notes have been sent home - please return these with entry fee as soon as possible |
| Wednesday 28th March | Kinder Assembly Passover Meal with Fr Emil Fluoride Vanish Program for Kinders |
| Sunday 1st April | <u>Easter Sunday</u> - Friday 30th March and Monday 2nd April Public Holidays |
| Wednesday 11th April | Cross Country Carnival (please note change of date—staff are at PD) |
| Friday 13th April | End of Term 1 |
| Monday 30th April | Pupil Free Day - Term 2 starts |
| Tuesday 1st May | Term 2— Students return! |



THE BREAKFAST PROGRAM This morning we enjoyed pancakes and lots of yummy fruit! Thank you to the families who come along each Wednesday to enjoy the wonderful breakfast and to support the efforts of Lana (and Emma this morning!)



Big Talk / Big Write - image for this week. Students will participate in a class discussion (Big Talk) – answering the questions, creating word banks. Students will then be required to construct a text using the image as a prompt (Big Write). We encourage families to discuss the image during homework time, assisting students to prepare. We are hoping the structure will support the students to improve both their verbal and written skills.

Sports Uniform: Because our current sports uniform is no longer available from our suppliers we have to look at alternate options. Samples have been ordered and have arrived and are in the staff room for parents and carers to peruse and give their opinions.

This matter was to have been brought up at the School Community Council Meeting that was postponed but because we have had the samples for a few weeks, they need to be returned. We will have to make a decision as soon as possible. We would appreciate your comments and opinions.

BULLYING. NO WAY!
SAFE AUSTRALIAN SCHOOLS.
TOGETHER.

On Friday 16th March Australian schools stand united in their communities to celebrate the 8th National Day of Action against bullying and violence. The National Day is a positive day of action bringing school communities together to help find workable so-



lutions that address bullying and violence.

Bullying is an ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm. It can involve an individual or a group misusing their power over one or more persons. Bullying can happen in person or online, and it can be obvious or hidden. Bullying of any form or for any reason can have long term effects on those involved.

St Francis Xavier School is a NO BULLY ZONE - please help us to ensure that there is no bullying in our school—talk to your children about bullying and please let us know as soon as you do if there is any incident of bullying that has affected your child/



Kindy News

Over the last few weeks in Kindy we have been very busy establishing our learning routines. We have started buddy reading with the Year 6 students who come three mornings each week to help with reading groups.

We have been learning about nursery rhymes and fairy tales this term. We have been reading and exploring many different nursery rhymes and writing our own interesting fairy tales.



ROSTERS

Please find attached to the newsletter the Canteen Roster for Friday Recess for the remainder of the term and for next term, and the Inter-agency Meeting each month.

Thank you to the ladies who kindly offered to be part of these rosters.

However there are two spots to fill for the Inter-agency Meetings. If anyone can assist with this, it would be greatly appreciated.

If you would like to add your name to the rosters please call the front office.

OUR LADY OF LOURDES PARISH

| | |
|----------------------|--|
| Wednesday 21st March | Mass 10.30am in Fr Mayne Hall |
| | Holy Hour 2—3pm |
| 3pm | Men Alive Planning Meeting in Presbytery |
| Saturday 24th March | 6pm |
| Sunday 25th March | 12.30pm—with the Men Alive Group |

**Mass Times this week for
Our Lady of Lourdes Church**

SATURDAY 17th March : Mass 6pm

**WEDNESDAY 21st March: 10.30am
School Mass**

Lake Cargelligo MenALIVE Weekend 24/25 March:

After a successful MenAlive program held in West Wyalong in 2016 and the reunion in 2017, we have locked in the weekend for Lake. The Canberra MenAlive group has offered to host the Lake weekend. Since



their founding in 2003 MenALIVE has run 350 events in 25 dioceses in Australia and New Zealand for more than 20,000 men. What others have said, "An enjoyable and very grounded experience of spirituality for men." More information contact Fr Emil 0414523036 or emil.milat@cg.org.au.

International Women's Day

- Years 1/2 Role Models

Nan - she fills my bucket with love, cares for me and teaches me things

Amber - She is never mean and she makes stuff with me

Chloe - She cares for me, reads to me and lets me lick the spoon

Mum - She loves me, helps me have fun and shows me how to be kind

Aunty Anna - She reads to me, decorates things and teaches me about love and respect

Mum - she cooks me dinner and shows me how to tie knots



For God & Australia



Mental Fitness Tips

A strong positive mental attitude will create more miracles than any wonder drug. Patricia Neal.

Mental fitness is like physical fitness-we have to continually make the effort if we wish to stay in good shape. Set aside some time to reflect upon your emotional well-being. What demands or stresses are you facing and how are they impacting the way you think, feel and act?

It is a positive step to take a deliberate break from your worries and concerns. Dedicate a short time every day to your mental fitness and you may reap significant benefits in terms of feeling rejuvenated, more confident and in control of your life.

Some simple ways to build mental fitness:

- Treat yourself well-make a list of those special things you can do for yourself. And do them
- Be generous-others benefit and it gives you perspective.
- Work towards personal goals-reaching a goal you have set will build confidence and a sense of satisfaction.
- Share humour-the number of times you enjoy laughter every day can tell you a lot about your mental fitness.

Our Mob ... Our NDIS Journey

Aboriginal NDIS Readiness Gathering for Lake Cargelligo and surrounding areas

Do you have a disability?

Does anyone in your family have a disability?

Does someone you know have a disability?

Did you answer YES to any of these questions and want to know more about the National Disability Insurance Scheme?

You are welcome to join us for a

FREE NDIS family fun day

When: Wednesday 28 March 2018

Time: 10am - 2pm

Venue: Lake Cargelligo Boat Shed

- Free lunch provided
- Free activities for the kids
- Give aways on the day
- Transport to and from the venue available

For further information please contact:

Vickie Bell on 0477 524 632 or Kerry Smith on 0484 088 939

Speakers from the NDIA

Service Providers & guest speakers

Kids' activities and music

Food and entertainment

Support and information

Cultural Performances